

- Age 18-75
- Body mass index (BMI) less than 37.0 and greater than 18.5
- If Diabetic, A1C < 8.0
- Low Risk Patients (Excludes patients with a H/O active ischemia, significant valvular disease, significant arrhythmias, OSA as per HSS guidelines, chronic pain opioid dependence including chronic daily opioid use for 6 or more months, GFR < 60 ml/min)
- Not currently using anticoagulants (coumadin, NOACs, lovenox)
- Social support: patient agrees to same day discharge plan and has a responsible adult to spend the night on the day of discharge
- Case should be scheduled earlier in the day
- May be offered to patients undergoing unilateral THR, TKR, uni-knee and simple revisions such as a liner exchange