



PSS Testing & Consultation Requirements

Adolescents ages 14 – 17

PatientName: _____

DOB: _____

Specialty Consults Required

Screening Categories	Criteria	Order		Referrals
Indications for Anesthesia Consults	<ul style="list-style-type: none"> ▪ History of serious anesthesia reaction ▪ Use of oxygen at home ▪ Was told may need heart surgery ▪ Previous heart surgery ▪ Skeletal dysplasia ▪ Taking medications for pulmonary hypertension 	No	Yes	Anesthesia
Medical Devices	▪ Cardiac device (pacemakers, AICD)	No	Yes	Cardiology
	▪ Central nervous system shunt	No	Yes	Neurosurgery
	▪ Intrathecal pump	No	Yes	Chronic Pain
	▪ Spinal cord stimulator	No	Yes	Chronic Pain
Diabetic Patients	▪ Is the patient on an insulin pump?	No	Yes	Diabetes Management
Opioids	<ul style="list-style-type: none"> ▪ Patient currently being prescribed, and taking, 3 or more opioid tablets daily for longer than 3 months ▪ Patient with a history of substance use disorder, including active/current licit or illicit substance abuse ▪ Patient with a history of, or current, buprenorphine use of any form (i.e. Suboxone) or any other Medication Assisted Therapy (MAT) 	No	Yes	Chronic Pain
Other	▪ Hydrocephalus / VPS	No	Yes	Neurosurgery consult within 2 weeks

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Ambulatory Procedure PSS Testing & Consultation Requirements ^{1,2}			
Procedural Category	Patient Risk Criteria	Order	Pre-Op Testing
PEDS AMB Surgery <i>Lower Extremity</i> <ul style="list-style-type: none"> • Ankle • Foot <i>Upper Extremity</i> <ul style="list-style-type: none"> • Hand • Wrist Foot & Ankle Sports Upper Extremity	Healthy	<input type="checkbox"/>	<ul style="list-style-type: none"> ▪ None
	Minor System Illness³	<input type="checkbox"/>	<ul style="list-style-type: none"> ▪ None
	Major System Illness	<input type="checkbox"/>	<ul style="list-style-type: none"> ▪ Medical Assessment ▪ CBC ▪ EKG ▪ Basic Metabolic Panel (BMP)
	<ul style="list-style-type: none"> ▪ <i>If myelomeningocele</i> 	<input type="checkbox"/>	<ul style="list-style-type: none"> ▪ Urine C&S
	<ul style="list-style-type: none"> ▪ <i>If seizure disorder</i> 	<input type="checkbox"/>	<ul style="list-style-type: none"> ▪ Anti-seizure medication levels
	<ul style="list-style-type: none"> ▪ <i>If hydrocephalus/VPS</i> 	<input type="checkbox"/>	<ul style="list-style-type: none"> ▪ Plain xray shunt series (AP/lateral skull, chest, abdomen) within 3 months of surgery ▪ CT Scan/MRI within 6 months ▪ Ophthalmologic assessment within 12 months
	<ul style="list-style-type: none"> ▪ <i>If osteogenesis imperfecta</i> 	<input type="checkbox"/>	<ul style="list-style-type: none"> ▪ PFT's within 1 year
	<ul style="list-style-type: none"> ▪ <i>If history of chemotherapy</i> 	<input type="checkbox"/>	<ul style="list-style-type: none"> ▪ Echo
PEDS AMB Surgery: Major Class <i>Lower Extremity</i> <ul style="list-style-type: none"> • Complex foot and ankle • Femoral osteotomy <i>Upper Extremity</i> <ul style="list-style-type: none"> • Clavicle Fracture 	Healthy	<input type="checkbox"/>	<ul style="list-style-type: none"> ▪ Available PRN; PMD clearance acceptable
	Minor System Illness	<input type="checkbox"/>	<ul style="list-style-type: none"> ▪ Pediatric Clearance⁴ by PMD
	Major System Illness	<input type="checkbox"/>	<ul style="list-style-type: none"> ▪ Pediatric Clearance *<i>Lab studies at discretion of clearing MD</i>
	<ul style="list-style-type: none"> ▪ <i>If myelomeningocele</i> 	<input type="checkbox"/>	<ul style="list-style-type: none"> ▪ Urine C&S
	<ul style="list-style-type: none"> ▪ <i>If seizure disorder</i> 	<input type="checkbox"/>	<ul style="list-style-type: none"> ▪ Anti-seizure medication levels
	<ul style="list-style-type: none"> ▪ <i>If hydrocephalus/VPS</i> 	<input type="checkbox"/>	<ul style="list-style-type: none"> ▪ Plain xray shunt series (AP/lateral skull, chest, abdomen) within 3 months of surgery ▪ CT Scan/MRI within 6 months ▪ Ophthalmologic assessment within 12 months
	<ul style="list-style-type: none"> ▪ <i>If osteogenesis imperfecta</i> 	<input type="checkbox"/>	<ul style="list-style-type: none"> ▪ PFT's within 1 year
	<ul style="list-style-type: none"> ▪ <i>If history of chemotherapy</i> 	<input type="checkbox"/>	<ul style="list-style-type: none"> ▪ Echo ▪ EKG
	Clavicle Fracture	<input type="checkbox"/>	<ul style="list-style-type: none"> ▪ CBC ▪ T&S

¹ Additional testing at the discretion of surgeon, pediatrician, or anesthesiologist

² HSS Pregnancy Testing guidelines as approved by Medical Board apply in all cases

³ See Table 3: "Patient Risk Criteria" for definition of "Minor Illness" and "Major Illness"

⁴ If a pediatric consultation is required for a patient scheduled for Ambulatory Surgery (i.e., due to patient having Major System Illness) or for other procedure requiring clearance (i.e., Magnetic Resonance with sedation) this consultation must be done by an HSS pediatrician when available

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Inpatient Procedure PSS Testing and & Consultation Requirements			
Procedural Category	Patient Risk Criteria	Order	Pre-Op Testing
Major Class I Surgery Posterior only fusion • Healthy patients with adolescent idiopathic scoliosis Hip Varus Osteotomy (VRO) Periacetabular Osteotomy (PAO) Pelvic Osteotomy	Healthy / Minor / Major	<input type="checkbox"/>	<ul style="list-style-type: none"> ▪ Pediatric Clearance ▪ CBC ▪ Comprehensive Metabolic Profile ▪ Vitamin D ▪ UA (if symptomatic and/or incontinent) ▪ PT/PTT ▪ Type & Cross: 1 Unit
Major Class IA Surgery Amputation Trauma • Femur • Hip Polytrauma Spondylolisthesis Total hip replacement SDH	Healthy / Minor / Major	<input type="checkbox"/>	<ul style="list-style-type: none"> ▪ Pediatric Clearance ▪ CBC ▪ Comprehensive Metabolic Profile ▪ Vitamin D ▪ UA (if symptomatic and/or incontinent) ▪ PT/PTT ▪ Type & Screen w/ ABO verification
Major Class II Surgery Complex foot & ankle Femoral osteotomy	Healthy	<input type="checkbox"/>	<ul style="list-style-type: none"> ▪ Pediatric Clearance ▪ Lab studies at discretion of clearing MD
	Minor Systemic Illness	<input type="checkbox"/>	<ul style="list-style-type: none"> ▪ Pediatric Clearance ▪ Lab studies at discretion of clearing MD ▪ CBC ▪ Vitamin D
	Major Systemic Illness	<input type="checkbox"/>	<ul style="list-style-type: none"> ▪ Pediatric Clearance ▪ Lab studies at discretion of clearing MD ▪ CBC ▪ BMP ▪ Vitamin D
Major Class II Surgery All other scoliosis cases	Healthy / Minor / Major	<input type="checkbox"/>	<ul style="list-style-type: none"> ▪ Pediatric Clearance ▪ EKG, Echo, PFTs at discretion of surgical and pediatric clearance team ▪ Pulmonary consult for thoracic ASF ▪ UA (if symptomatic and/or incontinent) ▪ CBC ▪ CMP ▪ PT / PTT ▪ Type & Cross: 2 Units
Minor Surgery Upper extremity Limb / tendon lengthening Closed reduction Epiphysiodesis Removal of hardware Tibial osteotomy Minor trauma • Ankle • Elbow Sports	Healthy	<input type="checkbox"/>	<ul style="list-style-type: none"> ▪ Pediatric Clearance ▪ Lab studies at discretion of clearing MD
	Minor Systemic Illness	<input type="checkbox"/>	<ul style="list-style-type: none"> ▪ Pediatric Clearance ▪ Lab studies at discretion of clearing MD
	Major Systemic Illness	<input type="checkbox"/>	<ul style="list-style-type: none"> ▪ Pediatric Clearance ▪ Lab studies at discretion of clearing MD ▪ CBC ▪ BMP ▪ Vitamin D

Prescriber Signature: _____

Date: _____

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System Classification			
System	Minor System Illness	Major System Illness	
Cardiovascular	Treated hypertension Mild valve insufficiency PDA closure	Congenital heart disease Coronary artery disease History of cardiac surgery Congestive Heart Failure (CHF) Arrhythmia Pacemaker	
Pulmonary	Treated asthma -without wheezing -no recent hospitalization	Uncontrolled asthma Restrictive lung disease Obstructive sleep apnea (OSA)	
Renal	Vesicoureteral reflux Solitary kidney Structural anomaly Nephrolithiasis Urinary tract infections (UTI) -treated, recurrent	Renal insufficiency Dialysis Renal transplant	
Gastrointestinal	GERD G-Tube Peptic ulcer disease History of diverticulitis	Ulcerative colitis Crohn's disease Intestinal obstruction Short gut syndrome Recent GI bleed	
Neurologic	Cerebral Palsy (CP) monoplegic, diplegic, triplegic hemiplegic - <u>without</u> other medical conditions Seizure disorder (well controlled) -no seizure last 3 months	Cerebral Palsy (CP) monoplegic, diplegic, triplegic, hemiplegic - <u>with</u> other medical conditions Cerebral Palsy (CP) quadriplegic Amyotrophic Lateral Sclerosis (ALS) Myasthenia Gravis Hydrocephalus / Ventriculo-Peritoneal Shunt	
Endocrine	Treated hypo/hyperthyroidism Treated hyperparathyroidism	Diabetes Mellitus Diabetes Insipidus Morbid Obesity Congenital adrenal hyperplasia	
Hematologic	Mild anemia Cancer in remission -treated >5 years	Family Hx of bleeding disorder Sickle cell disease Thalassemia Von Willebrand's Disease Hemophilia (A / B) ITP / Thrombocytopenia Antiphospholipid syndrome Protein C or S deficiency	Clotting disorder History of blood clots Solid tumors Leukemia Lymphoma Multiple Myeloma Aplastic anemia Polycythemia Vera
Psychiatric	ADHD Anxiety/depression (well controlled) -No Monoamine Oxidase Inhibitors (MAOIs)	Use of Monoamine Oxidase Inhibitors (MAOIs) Depression -active disease Psychosis Substance addiction	
Connective Tissue	None	Arthritis -Rheumatoid arthritis -Reactive arthritis -Psoriatic arthritis Ankylosing Spondylitis Dermatomyositis Marfan's Ehlers-Danlos	Vasculitis -Temporal arteritis -Wegener's granulomatosis -Polyarteritis nodosa Lupus Polymyositis
Miscellaneous		Myelomeningocele Familial dysautonomia	